Welcome to **CROSS EXAM** #6

84 y/o male, brought in by family members who complain that he is falling asleep at 6 PM and getting up at 3 AM then wandering around the house. Physical Exam essentially normal, including neurology exam. Mini mental exam 29/30 Vital

Diagnosis Choices: 1) Early Dimentia 2) Obstructive Sleep Apnea 3) Early sleep phase, Circadian rythm disorder

Treatment Choices 1) PM light therapy,morning dose Melatonin 2) Neurology referal 3) Start Ambien at bedtime

Name: Adam Four
Address:
Delaware USA
DOB: 1924
Home: 302-000-0000
Work: 302-000-0000
SS#:

Date:	07/07	04/08	07/08			
Age:	83	84	84			
Ht:	5'9"	5'9"	5'9"			
Wt:	190	200	190			
BMI:	28	29	32			
BP:	120/80	130/85	130/80			
P:	65	70	70			
Chol:	210	200	160			
Trig:	150	120	130			
HDL:	50	50	50			
LDL:	130	120	90			
BS:	110	120	110			
HgA1C:	5.6					
Cr:						
TSH:						
PSA:		0.1				
Pul/Ox:						
CRP/esr						
LFT's:	wnl	wnl	wnl			
MicroAl			-			
Eye/DRE		05/08				
Carville Foot						
MMS ?/30		30	29			

IMMUNIZATIONS

TD	2000					
MMR						
FLU	2008					
PNX	2005					
HEP A						
HEP B						
PPD						
HPV						
HZ	2007					

Mammo	CA125	
PAP	CEA	
Rectal 04/08 neg	BRCA 1&2	
Colo neg 2005		
ECG 07/08 norm	Stress	
Holter	Echo	
CXR 07/08 norm	Dexa	
Carotid neg 3/07	Renal Art	

Problems:	**DX: ICD-9**	**Medications:**
Old:		Cozaar 50mg po qd
HBP		simvastatin 80 mg po qd
increase cholesterol		
BPH		
		HR: None
New:		
Sleep disturbance		
		OTC: None
ASA 81 M/vit Centrum Sl calcium 1200		Diet reg Caffeine 2cpd
Tob no Alc soc Rec Drugs no He rbs no pets dog M S W D		
Occup:Brick mas Exerc:minimal Sex/Con no		2 G P AB M
LMP: Age @ 1st birth		BreastFeed n/a
Hobbies: Reading/painting		
Family History:		
Mig. no Psor no SC no Tbc no		Blood Donor y n
Ca/Polp DM no HBP yes COPD no PVD		Organ Donor y n
M: 70 Sib: 4B well		Living Will y n
F: 71 cva		
Driving y n		Seat Belt y n
Guns y n		Happy? y n

Procedure Surg/Trauma	**Consults**	**Allergies**
TURP 1990		NKA
		Adverse Reactions
		Avadart (gynicomastia)